
DISCIPLE DIGEST

Highline Christian Church, 14859 1st Avenue South, Burien

Third Saturday Church Work Party

March 21st
8:30-Noon

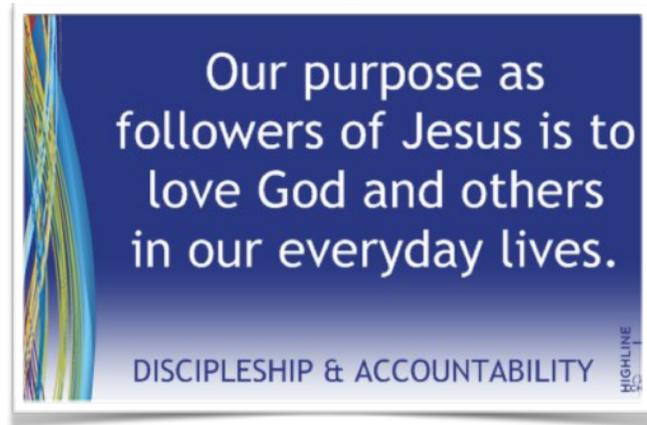


All are invited to join us for the Third Saturday Work Party. We will be doing general grounds maintenance & fix-its and could use your help. Meet us here in the HCC Parking lot.

For any questions, contact Gregg at 206-243-4333



**Daylight Savings Begins
March 8th**



An Act Of Being Counter Productive

In so many ways it seems as though our lives are centered on and driven by productivity. Our productivity in the world is often mistakenly linked to our identities, we've been taught to think the more prestigious your job, the more important you are as a person. We have also been conditioned to believe that the more tasks you check off your task list, the more productive you were and again, the more valuable you are. Our constant drive to produce or work is not wrong, rather we are creative beings who have been placed here for work which God prepared in advance for us to do. The problem comes when the life of our work comes before our relationship with the Father, and even more so, when our relationship with our Father does not permeate all we do.

We all have natural rhythms of life, the normal ebb and flow of what we do from day to day and moment by moment. Sometimes our rhythm, or daily schedule, is more busy than we would like or possibly is even healthy, this is true for many of us. Our rhythms didn't start quite so busy, rather, kind of like a frog in a kettle, more things were allowed to creep in and take over without us really noticing. Changing this rhythm is not just about changing

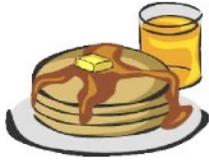
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Retirees Breakfast

Thursday, March 12

8:30AM

Pancake Chef



Seniors,
come join us for fellowship and
breakfast.

Every Pop Can Counts!

As a fundraiser in support of missions such as Transform Burien Resource Center and Bread of Life Downtown Seattle Mission, we are collecting aluminum cans for recycling. Collection bins are located in the South Building Community Room and are picked up weekly.

Questions, contact Mary or Alice Webb at 206-243-4333



Sunday, March 22nd Transform Burien HCC Outreach Dinner



Serve a meal and provide food and clothing services to those in need in our community.

The 4th Sunday of each month:

2:30 to 3:30 PM - Set Up and Serve

3:30 to 5:00 PM - Serve

4:45 to 5:45 PM - Clean Up

Opportunities:

Set Up

Kitchen-Cook/Prep

Meal Server

Food Bank

Clothing Bank

Hall Monitor

Prayer and Conversation with Attendees

Clean Up

Location:

Burien Annex

144th and 4th Ave

Burien, WA

Contact

Don Berg

206-243-4333

An Act of Being Counter Productive....

your schedule, it's about readjusting our hearts and minds to the heart and mind of Christ. This adjustment doesn't happen automatically or immediately, it will take time, effort, and lots of diligence to practice.

To reshape my heart and mind, and by extension the way I go through my day, I enter soul training practices. These practices allow me to partner with the Holy Spirit in the forming and growing process. During this time of year last year I entered into a portion of the church calendar as a practice and I met with God through lent. Last year I used the resource *An Unhurried Lent* by Alan Fadling. (www.unhurriedliving.com) The practice helped me slow down during the season of lent in order to become more mindful of the presence of God in my daily life as I also waited to celebrate His resurrection and reign at Easter.

This year for lent I will be joining others, some from HCC, who will be intentionally disrupting their natural rhythms by focussing on Jesus aided by the book *The Unvarnished Jesus: A Lenten Journey* by Brian Zahnd. ([More about this book available here.](#)) This study brings us face to face with Jesus and who He is as sovereign king of our lives in the morning, at work, at home, and wherever else you find yourself.

Another soul training practice which is helping me move from simply producing or working to living relationally is the practice of prayer. Now there are lots of people who pray, and as Christians we know we "should" pray, but why? And if it's such a good thing, why is it so hard? I'm going to be a bit presumptuous here and say, I believe one of the main reasons we struggle with prayer is because we are doing it with the wrong intent. For some, prayers are what you say at meal times and at bed time, for others prayer is when you bring all your petitions to God. These are real and valid times and reasons to pray, and I'm not suggesting anyone stop doing these

practices, I am however implying there is more. Prayer is a gift from the Father, it is an invitation into a relational dialogue with the Father, Son, and Holy Spirit. Prayer is an opportunity for relationship, it is an intimate audience with the great I Am.

A couple of years ago, Pastor Tim and I had the opportunity to attend a "Prayer School" with Brian Zahnd. At the prayer school we were challenged with the way we approach prayer as well as were introduced to a prayer liturgy, much of which was taken from *The Book of Common Prayer*. Since attending the class, I have looked to shift prayer from my constant list of petitions to times of relationship with my loving Heavenly Father. Today, I still use *The Book of Common Prayer* as a guide for my prayer times, but the practice has also helped me carry the relationship through my day as I seek to live intentionally and relationally following Jesus in all He has for me. When my intent of prayer moved from a "should" to a "relationship" things began to change. I have not arrived, I still struggle a lot with focusing on petitions, and I have a hard time sitting *with* Jesus and not always talking *at* Jesus, but I am learning.

In writing on prayer this month, I have only focused on one small aspect of it's practice. If you are interested in learning more about prayer, the relational nature of it, or are wanting to practice praying using different methods, there is a prayer class coming to Highline. This April through May, Tiffney Cowan and Josh Ambrose will be leading a class on prayer for Adults and high school students. This is going to be a practical class on different methods of prayer with time actually spent praying.

For more information on the prayer class, please contact Tiffney Cowan.

Moment by moment with Jesus,
Bret Thorson
Discipleship Minister

World Outreach



Running, leaping and praising God!

A Mother's Faith and a Son's Healing

Two years ago, 10 year old Wu Fish and his younger brother went to raid a wild bee hive. Bringing along some gasoline, the boys were excited about their adventure to smoke out the bees and get the honey.

But the adventure ended with second and third degree burns from thigh to ankle of Wu's right leg. His remote village of Na Lu had no medical care. There is no cell phone coverage, no cars, no roads and no electricity.. There was little to help a child in great pain, and near death.



For days, Wu Fish hovered near death, sometimes passing out from the pain. The only medicine -- raw eggs placed on the burns and a mother's fervent prayers.

Carrying Wu Over the Mountains

After three months, his parents found a way to get Wu to a hospital two days' walk away. The villagers feared the boy would not survive the journey.

Tenai is a remote outpost, built along the famed WW II Ledo Road. The Myanmar army controls Tenai, but insurgent groups control the outlying areas. With increasing clashes between the warring factions, the resources of the small hospital were nearly depleted.

There seemed to be no hope for Wu.

Wu returned home, but was too weak to go to school. He was so sad he could no longer run and play. His mother kept praying for a miracle.



One day, a trader came to Na Lu. He sought out Wu's mother and told her that foreign surgeons had come to the provincial capital and were performing procedures free of charge. With little money and no

knowledge of how to reach the capital, Wu and his mother left their village.

They depended on the kindness of strangers to help them reach the hospital.

But disappointment waited for them. The foreign doctors had left, and the local surgeons did not have the skill to tackle a complicated procedure. With no money or options left, Ngwa Du prepared to take her son home.

Hours before they were to leave, an unexpected visitor came to the home where Wu Fish and his mom were staying. Yae Woo is a friend to leaders of Asian Children's Mission. Would ACM help? YES! Yae Woo wrote on his Facebook page -- "*We received warm love and sympathies from our Christian brothers in Myanmar. Wu Fish now looks so happy after hearing some commitments for help. His mother is so ambitious for her son's leg and feeling so grateful for the kindness they receive today. They are now preparing for their medical consultation in Yangon.*"

Yangon is about 500 miles south of Myitkyina. Yae Woo placed the pair on a plane. **Neither had even seen a plane** before, and they spoke only their tribal language. They could not understand instructions like "Fasten your seat belt." The journey was terrifying for them.

Upon arrival in Yangon, children prayed for Wu Fish.

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Operation Christmas Child

Thank you, congregation, for your monthly donations toward Operation Christmas Child! Just a reminder, you can drop off any items on any month (although it is best not to purchase soap too early in the year). The monthly focus is just a guide to help you throughout the year.

March Monthly Focus: Boy Toys and Soccer Balls

Use your creativity, but **some suggestions for boys, ages 2-14** are: balls (of all kinds), hot wheel cars (many stores have them 5 for \$5), playdoh, etch-a-sketch toys, plastic animal figures, puzzles, solar calculators, jumpropes, yo-yos, harmonicas, small trucks, playing cards, flash cards, games (brain teaser games, travel size games, the Dollar Tree has a floor sized checker game that is appropriate). Take note that a #4 soccer ball (almost regulation size) and a ball pump together only cost \$8.84 at Walmart. A soccer ball can impact an entire community! You can ask the store personnel to deflate the ball for you or I can do it after you bring it to the church building.

All donations should be placed in the Operation Christmas Child bin in the South Building. If you aren't familiar with the Community Room, please ask at the Welcome Center for directions. You are, also, welcome to contact Tammie Lindblom at 206-243-4333

World Outreach...

Josiah took Wu Fish and Nqwa Du to the children's hospital for examination by an orthopedic surgeon.

In early March 2019 surgery was done to separate the fused skin. The procedure lasted four hours.



Success! The leg is no longer fused, but the skin grafts will take time to heal.

There were six weeks of therapy and cast changes ahead, but Wu Fish is so happy to have hope again that he will soon walk with both legs!

Ah Cha, with long hair, is an Asian Children's Mission nursing school graduate. She assisted Wu and his mom during his recovery, and was their translator.

Ngwa Du received little formal education and was married when she was only 13. She is now in her mid-30s, and is the mother of 12 children, 8 of them living. A woman of faith and courage, she made this remarkable journey for the sake of her son.

Wu continued to improve. Within two months of leaving their village, with little money, but amazing faith, mother and son were ready to return home in April 2019.

Going up and down the steep hills of Na Lu has made Wu's leg strong again. Now 12, he has finally been able to return to school. He enjoys running and swimming with his friends.

Josiah says that Wu is like the lame man that Peter healed at the temple gate. "So he (the lame man), went walking, and leaping and praising God." (Acts 3)

His mother hopes Wu will become a pastor. She remembered the difficult months. *"After all, he is like Lazarus, raised from the dead."*

Article sent in by
Lyla Moreland



Shoemaker's Circle

March 18th,
10:30AM
Room S-202



Ladies, bring a sandwich and come join us for scripture sharing, fellowship and the movie "First Dog", hosted by



Mary Webb,
Darlene Burrill and
Alice Webb.

Coffee, tea and dessert will be provided.



We look forward to seeing you there!

Women's Retreat Prep

Help us assemble and create:

Sweet goodie bags, beautiful name tags, easy decorations and more

We will be in the Atrium

Tues, March 3rd 12 - 2 pm

Wed, March 11 6:30 - 8:00 pm

If you have questions or would like to RSVP:

Text Jaylani at 206-775-2435 or

Call Patty at 206-650-0149

We'd love your help and the opportunity to spend time with you.

ladies who brunch
9:30am-11 am HCC Atrium

**SATURDAY
MARCH 14TH**

Want to help? **Patty Snell 206-650-0149**

CHILD CARE AVAILABLE FOR AGE 5 AND UNDER

Ladies Quilting and Fellowship

Friday, March 27th at 6:00 pm
S-101

Iron, ironing board, cutting mats and rulers will be provided

His Journey

My dear Highline family.....



With my sad heart and with a soul full of joy and expectation for where God will use me....and Ohhh the places we will go, I wanted to say goodbye. After almost 20 years here with this family, I have retired from Nursing, and am off to Tennessee for 3 months to be with family and grandchildren; then on to the Baja, the small town of Loreto, for undetermined period of time. Many of you have been with me in my transformation of spiritual maturity....through the years of leading Praise & Worship, through those years of service in Liberia, West Africa and in Brasil. Women in the Word brought us closer and taught us amazing events of God's word. I will always treasure my time with the girls in my Single Women's class. I say goodbye with the words of Richard Rohr in his writing "Falling Upward." "We do not make or create our souls; we just grow them up..we are the clumsy stewards of our own souls. We need to unlearn a lot, it seems, to get back to that foundational life which is 'hidden in God.' (Col 3:3), Yes, transformation is often more about unlearning than learning. All we can give back and all God wants from any of us is to humbly and proudly return the product that we have been given--which is ourselves!!"

With so much love,

♥ Jennifer Munday

Northwest Christian Women's Conference

When: **April 24-26**

Theme: **Breathe**

Theme Verse: **Philippians 4:6-7** "Do not be anxious about anything, but in every situation by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Where: **Black Lake Bible Camp**

(We are returning to BLBC after 31 years at Warm Beach Camp. BLBC is where this Conference/Retreat was held when I first started attending 32 years ago during college).

Main Speaker: **Ann McMurray**

Who: All **women, 18 and over**, are invited to attend. Highline usually takes 20-40 women, joining about 200 women from Christian churches across the state.

Why: To **worship, learn, and fellowship** together with women of Highline as well as women from other Christian churches. (There is time for just Highline to meet together and Highline women are housed together.)

How Much: **\$175**, on-line registration is available for the first time this year, but PLEASE let Tammie Lindblom know if you register on-line.

A limited number of partial scholarships are available. Note deadlines.

The weekend includes housing, six meals (Friday night through Sunday lunch), four main sessions, choice of four out of 12 workshop options, free time, fun times, Highline time. We will carpool together (and traffic is in our favor with the Conference moved to Olympia!).

Important Dates:

March 1: First date to register at the Atrium tables, but feel free to turn in registrations or contact Tammie for materials anytime.

March 15: Deadline to apply for a scholarship

March 22: Deadline to register/order Conference Wear with Tammie Lindblom

March 24: Deadline to register/order Conference Wear on-line
April 24-26:NWCWC!

Contact Tammie Lindblom at 206-243-4333 with any questions.

More information and registration materials are available on the website at www.nwchristianwomen.org



To Phone or Not to Phone

The church desires to **equip families** to participate in weekly worship services. One way we do this is by providing a safe, nurturing environment for young children during the services. Our hope is that families can worship fully as other "brothers and sisters" care for children's needs.



With our recent emphasis on bound Bibles and distraction-free engagement in the worship setting, what is a family member of a small child to do? One might ask, "Do I keep my phone out or put it away during the service? What if my child needs me?" Those are great questions! Our recommendation is that you **keep your phone in silent/vibrate mode** on your person. In the unlikely event our early childhood volunteers need to contact you, the message will be received with minimal distraction.

Thank you for entrusting your children in our care and for helping make the worship service experience positive for our little ones.

Charlene Crawford

What in the World is Lent?

Lent is a season in the church calendar when Christians reflect and repent to prepare for the celebrations of Holy Week (Palm Sunday through Easter). The season begins on Ash Wednesday — 40 days before Easter Sunday. Some may ask, "Why celebrate Lent? What do I care?"



The church calendar is intended to **re-order our thinking about time and focus on the story of God's mission to the world in Jesus Christ**. The year begins with Advent leading to the celebration of Christmas. Setting our minds around the events of Jesus' life is a meaningful and helpful way to keep "things above" on the forefront of our minds.

Early Childhood families are being offered "All About Lent" posters that can be picked up in the Early Childhood area in the next week. Families are encouraged to complete the poster together in preparation for our celebration of the resurrected Jesus (Easter).

For the first time in my adult life, in 2019 I celebrated the Advent season. I lit candles. I read devotionals to my family. I listened to "Christmas" music that had to do with waiting for the arrival of Jesus. And do you know what happened? When Christmas came, I was so excited. I was not worn out. I was not "over it." The anticipation that Advent created in my heart made me want to celebrate when Christmas Day arrived. This is how my excitement played out post December 25. I kept giving Christmas presents. I kept listening to Christmas music. I waited to take down the decorations in my home. It was glorious. For a few extra days, my mind was still thinking about the wonder of the incarnation and the excitement for Jesus to return. I am hopeful that my celebration of Lent will bring to mind the gravity of sin and bring me to greater celebration of the resurrected Jesus. Will you join me?

Lent Resources

- Explore God website on "What is Lent?" (article)
- rightnow MEDIA - search for "Lent" (online videos) (Use the HCC App to request an account)
- The Unvarnished Jesus: A Lenten Journey by Brian Zahnd (book)
- 10 Lenten Traditions to Enrich Your Family's Easter Celebration (article)

Charlene Crawford

Walk Zone

Thanks for helping keep all church family safe!

Signs were recently posted in the Early Childhood area to remind students that the North Building is a walking zone. Our hope is that the faith family feels safe and welcomed. At weekend services, this means that students should walk and not run in all common areas. It is unsettling for people with balance or visual challenges to navigate safely around small darting bodies.



Recently overhead in the Early childhood area, one sibling got the attention of an offending sibling, “Hey! This is a walk area. Stop running! The sign says to walk!” It was a lovely moment to observe. An older sibling saw the sign, read it, obeyed the message, then passed on the message to the offender - who incidentally stopped running and began to walk. High five to these siblings and their families for helping make Highline a safe place for all!

Charlene Crawford



HIGHLINE CHRISTIAN CHURCH COLLEGE SCHOLARSHIP

It's scholarship season again. All students who are a member of Highline Christian Church, and are planning to attend a Christian college for the 2020-2021 school year, are invited to apply.



As one who has received this scholarship in the past and is graduating this year, I would like to thank the church body for their support in furthering my Christian formation and equipping me for ministry. Thank you.

The scholarship form is available on the app, the HUB, or by clicking [here](#).

Moment by moment with Jesus,
Bret Thorson

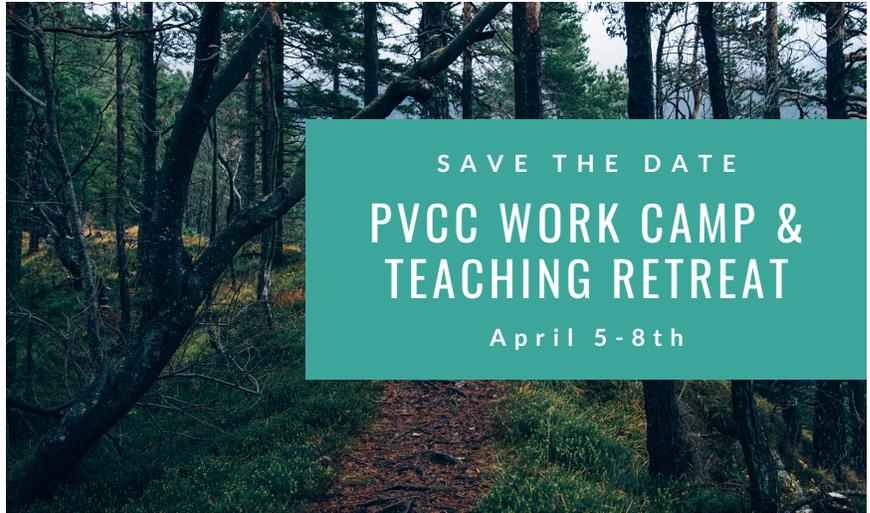
Film Producing



"Producing effective Christian films is tricky, these days. Not only does the message need to be relevant to today's issues, the Christian message needs to be subtle enough that unwilling hearts will internalize it..

But the biggest hurdle is funding. And that's understandable, because we are called to be good stewards of our money. We need to know that what we're supporting is something worthy.

One of our congregation, Lee Ryan, is producing such films and she's hoping that you might get behind her in producing her next film. She's offering you an opportunity to see her last film, which is still traveling around the world in film festivals and touching hearts. She will be up in the Great Room, **March 15th**, right after 2nd service. The film is about 1/2 hour long."



SAVE THE DATE
PVCC WORK CAMP & TEACHING RETREAT
April 5-8th

Save the Date



**Mt St Helen's
Day trip and hike
August 8, 2020**



**NEXT GENERATION
—
YOUNG ADULTS**

JOIN US EVERY THURSDAY
AGES 18-26 | N - ATRIUM | 8-9pm

Welcome New Member's

David Rankin
Laura Rankin
Betty Wallin



January 24th, our sister in the Lord, Bonnie Warner, passed into the presence of God.

Worship Service Times

Saturdays - 6:00 PM
Sundays - 9:00 AM & 10:40 AM

Contact Us

Phone:
206.243.4333

Website:
highlinechristian.org

Email:
office@highlinechristian.org

Office Hours

Monday-Thursday 8:30-2:30
Friday 8:30-Noon

Next eNewsletter Deadline

March 22, 2020

March Congregational Passage Matthew 8:16-17 ESV

16 That evening they brought to him many who were oppressed by demons, and he cast out the spirits with a word and healed all who were sick.

17 This was to fulfill what was spoken by the prophet Isaiah: "He took our illnesses and bore our diseases."

2019-2020 Elders



Paul Smith, Elder Chair



Tim Knight



Bret Thorson



David Cowan



Bruce Ernst



Les Fader



Konrad Lindblom



Gregg Louvier



Dave Rogge

HCC Staff



Tim Knight

Senior Pastor
206.595.4060

Tim@highlinechristian.org



Bret Thorson

Discipleship Minister
206.551.1517

Bret@highlinechristian.org



Jack Fratangelo

Church Life Director
206.735.9798

Jack@highlinechristian.org



Liesl Behm

Worship Minister
253.324.1072

Liesl@highlinechristian.org



Kim Allen

Office Manager
206.243.4333

Office@highlinechristian.org



Marsha Louvier

Custodian
206.909.1788

Office@highlinechristian.org



Gregg Louvier

Facilities Manager
206.391.0113

Office@highlinechristian.org

Holly Fader

Worship Associate
206.293.7745

Holly@highlinechristian.org



Julie Kemp

Choir Accompanist
206.243.4333

Office@highlinechristian.org



Charlene Crawford

Next Gen Minister
206.304.1135

Charlene@highlinechristian.org



Katie Taylor

Next Gen Minister
206.498.9829

Katie@highlinechristian.org



Tyler Mosier

Next Gen Minister
206.495.7858

Tyler@highlinechristian.org



Josh Ambrose

Next Gen Minister
206.794.4300

Josh@highlinechristian.org