

# DISCIPLE DIGEST

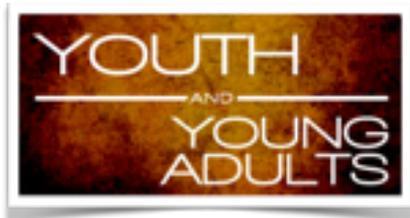
Highline Christian Church, 14859 1st Avenue South, Burien

## Third Saturday Church Work Party

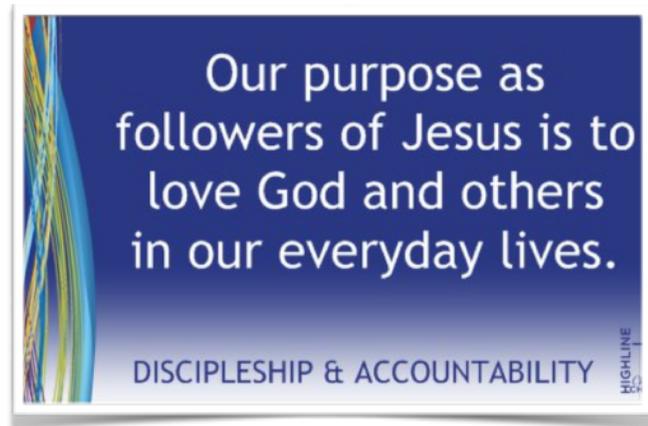


**August 17, 8:30-Noon**

All are invited to join us for the Third Saturday Work Party. We will be doing general grounds maintenance & fix-its and could use your help. Meet us here in the HCC Parking lot. For any questions, contact Gregg.



HCC welcomes Josh Ambrose on board as our Youth & Young Adults Minister.



## Rhythm

Have you ever returned from a vacation and thought to yourself you needed a vacation to recoup from your vacation? There was a season of my life where this was the norm, you know the motto, “Work hard, play harder.” My normal vacation routine included staying up late the night before the vacation started in order to make sure everything was ready to go so we could get up early and head out. On the opposite end of the vacation, we would stay as late as we could wherever we were to milk every ounce of fun out of what we were doing before returning home late, only to head to bed late, and be tired for work the next day. If I’m honest with myself, in many ways this is still my normal rhythm of work and vacation, however now there is much more of an awareness of my need for rest and a desire to change the “more is better” narratives in my life.

Separate from the rhythm of work and vacations, is the rhythm of the day to day, our everyday lives. The work and rest rhythm of the everyday is going to look quite different for each person and each family depending on what season of life they are in. Common to all of us though is the number of hours we are given each day and

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## Retirees Breakfast

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Thursday, August 8, 8:30AM  
Pancake Chef



Seniors, come join us for fellowship and breakfast.

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## Every Pop Can Counts!

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As a fundraiser in support of missions such as Transform Burien Resource Center and Bread of Life Downtown Seattle Mission, we are collecting aluminum cans for recycling. Collection bins are located in the South Building Community Room and are picked up weekly. Any Questions?

Contact Mary or Alice Webb at 206-243-4333



# Sunday, August 25th Transform Burien HCC Outreach Dinner



Serve a meal and provide food and clothing services to those in need in our community.

### **The 4th Sunday of each month:**

2:30 to 3:30 PM - Set Up and Serve

3:30 to 5:00 PM - Serve

4:45 to 5:45 PM - Clean Up

### **Opportunities:**

Set Up

Kitchen-Cook/Prep

Meal Server

Food Bank

Clothing Bank

Hall Monitor

Prayer and Conversation with Attendees

Clean Up

### **Location:**

Burien Annex

144th and 4th Ave

Burien, WA

### **Contact**

Don Berg

206-243-4333

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## Rhythm....

our freedom to choose how we are going to use those hours. Our purpose at Highline as followers of Jesus is to love God and others in our everyday lives, but what does this look like?

Today, we live in a society where productivity and busy schedules are idolized and stillness, space, and the possibility of boredom are considered bad. Please don't get me wrong, I believe in working hard, in fact as Christ followers, we should be some of the hardest most honest people in the workforce as whatever we do, in word or deed, we do it all in the name of the Lord Jesus. I also believe however that the go, go, go consuming mentality is hindering our spiritual health.

An area God continues to convict me in my life is the depth of knowing and being known by God. Why is it that our first instinct in seeking to know God more, is to try to add more to our schedule? If I get up a little earlier, or stay up a little later... If I make that call, or listen to that book while driving...I could work through lunch...It will only take a few more minutes. I believe our instinct to add more to our already full schedules reveals more of our consumer narratives than we would like to admit.

Just as God calls us to work in His name, He invites us to rest in Him as well. The rhythm of work and rest was established long before any commandments were given; it was modeled for us by God Himself in creation. During each day of creation there is a time of work and a time of rest, and yes, at the end of six days there was a whole day given to rest, "And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. So God blessed the seventh day and made

it holy, because on it God rested from all his work that he had done in creation." (Genesis 2:2-3) Again, God invites us to "Be still, and know that I am God." (Psalm 46:10) Another familiar invitation to rest is in Psalm 23, "The LORD is my shepherd, I shall not lack, He makes me lay down in green pastures, He leads me by still waters. He restores my soul." Jesus invites us to a rhythm of work and rest too, "Come to me, all who labor and are heavy laden, and I will give you rest." (Matthew 11:28) Mark 9 tells us "And after six days Jesus took with him Peter and James and John, and led them up a high mountain by themselves. And he was transfigured before them."

In establishing a healthy rhythm of work and rest we develop the habit of working for God as well as being with God. God desires us to know Him, to have our hearts formed by Him, to be in relationship with Him, and to be with Him before we do for Him.

As summer begins to wind down, may you take some time to evaluate your everyday rhythms of work and rest, of being with God and doing for God. I invite you to begin thinking about creating a healthy rhythm of work and rest for the fall and instead of adding to your schedule, find possible ways to carve out time for holy intension to rest with God and others.

Moment by moment with Jesus,  
Bret Thorson  
Discipleship Pastor



To my wonderful Church family,  
 Thank you, each one of you for  
 all the flowers,  
 prayers, cards,  
 donations and  
 especially the love  
 during this time of our  
 loss.



Ben joined his heavenly Father  
 on June 1st, 2019 in a peaceful  
 sleep with family by his side  
 after a long stretch of cancer.  
 Love, from the Kirkham family.

### Address Update

#### Dave & Pat Sloan

Address:

622 S Forrest St  
 Westport, WA 98595

Mailing Address:

PO Box 1277  
 Westport, WA 98595

### Thanks for the Donations!

Thank you for all the donations  
 for PS VBS. We are so thrilled  
 how you have  
 provided for the  
 children and staff that  
 will be learning about  
 King Jesus August  
 12-16. Highline, you  
 are a blessing!



## HCC is Supporting New Missionaries

We have added Todd & Susan Smith and their family to the list of missionaries Highline supports. They are serving the Wycliffe Bible Translators in Papau New Guinea. Susan is the sister to one of our own, Tim Crawford.

The Smiths knew that God specifically called their family into global missions but didn't know how a construction worker and an administrator could become missionaries. Through Wycliffe Bible Translators they found that they could become part of a team whose collective efforts enable the work of Bible translation all over the world. Todd and Susan along with their three sons (Andrew, Connor & Gavin), pictured, recently (March 2019) moved to Ukarumpa, Papau New Guinea and are excited to serve in support roles. Todd works with Construction & Maintenance and Susan works at the Medical Clinic which provides medical care to ex-pat and national patients.



Add Todd & Susan to your prayer list.

#### Contact information:

Email: [susan\\_smith@sil.org](mailto:susan_smith@sil.org)

Mailing address:

Todd & Susan Smith  
 SIL Box 1 (316)  
 Ukarumpa EHP 444  
 Papua, New Guinea

*Jim Jobe*



## 7 Tips for VBS Preparedness

VBS is not a natural disaster, but sometimes it can feel that way. Here's some tips to help make VBS week a little more fun for us all! (Note: these strategies also work for a Sunday morning!)

1. Help your child get a good night's sleep. We ALL function better when we are well rested.
2. Provide your child a healthy breakfast. As much fun as it is to get donuts (guilty as charged), children need some protein and carbs for energy in the morning. We'll provide a small snack as part of our morning routine.
3. Talk ahead of time about what your child can expect the week of VBS: singing songs, meeting new friends, meeting Joyful the clown, hearing stories about Jesus, creating something to bring home, etc.
4. Tell your child who will return to pick up your child when the morning activities have finished.
5. Anticipate hearing "all about it" when your child returns to you. Make time to listen to stories, look at the craft, and answer any questions your child might have.
6. Consider decreasing afternoon activities or allowing a nap. Your child will likely be very tired — especially toward the end of the week. Allow room for down time.

Be excited with your child to return the next day for another great day of fun and learning about King Jesus and what his kingdom is like!

## EC News

### Jesus is King

We'll be talking about King Jesus and his kingdom the week of preschool VBS. Here's what we'll be learning:

- Day 1 - What is a kingdom (king, land, people, law/grace, rule)
- Day 2 - King Jesus is Good!
- Day 3 - In Jesus' kingdom, things grow
- Day 4 - In Jesus' kingdom, small things get big
- Day 5 - In Jesus' kingdom, lost things get found

We look forward to a great week learning about the kingdom!

**Preschool VBS**  
**Age Three - Going Into Kindergarten**  
 (Children must be fully potty trained)

**Save the Date!**

**\$5.00**

  
**JESUS**  
**IS KING**

Preschool VBS  
 August 12-16



For more information contact:  
**Katie at [katie@highlinechristian.org](mailto:katie@highlinechristian.org) OR**  
**Charlene at [charlene@highlinechristian.org](mailto:charlene@highlinechristian.org)**

## Thanks to Marsha!

The Early Childhood wing is looking a little bit brighter. Thanks to Marsha Louvier for a fresh coat of paint in the classrooms and check-in area. It looks great!



## Operation Christmas Child



Our donation item focus for Operation Christmas Child during the month of **AUGUST** is: **SCHOOL SUPPLIES**



Many children in other countries cannot go to school if they do not provide their own school supplies. Having basic school supplies opens up to them many possibilities for schooling, employment, and helping their families. Please take advantage of the Back-to-School sales going on this month and help fill more boxes with the following items:

- Notebook Paper or spiral notebooks
- Various other notebooks or journals can be used as "write-ons"
- Pens
- Markers
- Crayons
- Sharpened colored pencils with erasers and pencil sharpeners
- Sharpened pencils with erasers and pencil sharpeners
- Calculators are excellent for older children
- Extra items such as PeeChees, folders, or school boxes can help them keep their papers and supplies
- Pencils are preferred over pens because children not only like to erase, but also many of them HAVE to erase to extend the life of the paper.
- Scissors can be sent if they have a short blunt-tip blade.

We **CANNOT** send liquid glue.

All **SCHOOL SUPPLIES** should be placed in the Operation Christmas Child bin in the Community Room of the South Building.

Please let me know if you have any questions: Tammie Lindblom,

## Excerpt from House of Hope (HOH) Newsletter



Originally began back in 2002; Janita Lagasca and Ruthie Goetz developed EVERGREEN PRISON MINISTRY (EPM) a ministry of HCC, which is devoted to bringing the Word of God to the "least of these my brothers", as Jesus referred to those in prison. Later Ruthie went to help the HCC Children's ministry and Arnulfo Lagasca has helped ever since. At one point they were able to get 20 cases of Bibles a month to the inmates!

Arnulfo and Janita had the 1st House of Hope (HOH) Fund and Food Drive at HCC in 2008. Because of their endless assistance, they have been extremely valuable to HOH's ability to advance the Kingdom of God into more and more prison and jail ministries. HOH has been able to provide thousands of in-mates Bibles and Christian reading materials because of their tireless work! They strongly believe that, "You just start doing the Lord's work and never take "No" for an answer, in gathering for the needs of ministry." They believe in being a PEN PAL to the prisoners because it is extremely important to show them the love of Christ, which can lead them to the saving knowledge of Jesus Christ. Whether it is helping those in prison, or in a transition home that needs bibles, food, clothing or in a ministry across the world, such as the Caleb Ministry, where they donated 50 cases to the Philippine Church & Prison Ministry, there they can be found!"

Evergreen Prison Ministry was also pleased to be able to donate several cases of King James Version Bibles to an African immigrant church being started up. That was the only version they wanted, and generally that is a harder version for inmates to read, so it worked out well. We get Bibles from many sources, and this summer a Christian book store closed, and we were able to buy close to 1,500 new Bibles at 80-90% off! All were given to various prisons in Washington! Thank you Jesus!



Any Bible can be donated and placed in our Evergreen Prison Ministry Box, in the South Building Community Room. We find a good home for all of them, even Children's Bibles, which go to the children of the prisoner's program.

Any questions, please see or contact Janita Lagasca.

*Janita Lagasca*

## You Can Do It!!!

### Vocal skills tutorial ...

for youth/adults  
The basics for  
singing success!  
Coming Thursday  
evenings in  
September...



**Listen/Watch for more info!**

Holly Fader

## Youth Group in the Park

Every **Wednesday**  
this summer, **6:00 pm**  
to **7:45 pm**,



Illuminate Youth  
Group will be meeting at

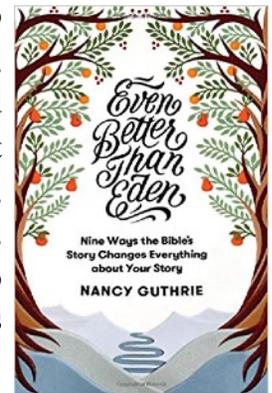
**Lake Burien Park**  
1620 SW 149th St

Optional Dairy Queen after,  
**Must Provide Your Own  
Transportation**



## Adult Bible Study Coming This Fall

You may have heard it said, “We just need to get back to Eden.” Nancy Guthrie points out, in her book *Even Better than Eden*, that God has something even more spectacular than that in store for us. Weaving together common, sometimes overlooked, biblical themes, Guthrie takes the reader from Genesis to Revelation, highlighting nine ways the Bible’s story changes everything about our story.



In an approachable, conversational style, Guthrie reveals the beauty and splendor of Jesus. And she helps the reader catch a glimpse of how He is working that same beauty and splendor in them.

I have thoroughly enjoyed *Even Better than Eden*. It has grown my understanding of my identity in Christ, for which I am so grateful. I will be leading a study of this book in the fall during the 10:40 am Sunday service, beginning on Sunday, September 8th. All adults who are high school age and older are welcome.

If you have any questions, please feel free to call or text me.

Tiffiney Cowan

### JUNIOR HIGH STUDENTS!

HCC invites you to come to CIY with us!



August 7-10 | Central Washington University  
For any questions please contact Pastor Tyler or Marques:  
tyler@highlinechristian.org | marques@highlinechristian.org



## New Births

Congratulations to Trevor and Lauren on child number 5, Eva Gage, born 5/29/19.

We welcome Ezekiel Scales born 7/24/19 to Rich and Corri Scales. Congratulations!

May the Lord bless you and give you wisdom on your journey.

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### Worship Service Times

Saturdays - 6:00 PM  
Sundays - 9:00 AM & 10:40 AM

### Contact Us

Phone:  
206.243.4333

Website:  
[highlinechristian.org](http://highlinechristian.org)

Email:  
[office@highlinechristian.org](mailto:office@highlinechristian.org)

### Office Hours

Monday-Thursday 8:30-2:30  
Friday 8:30-Noon

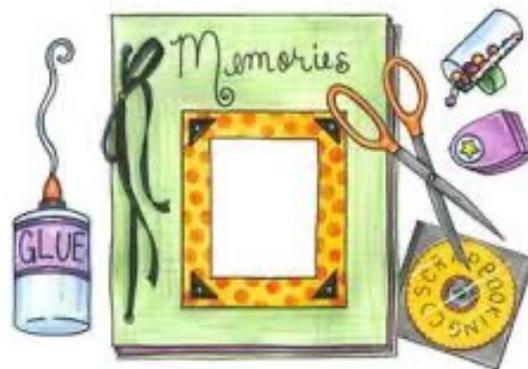
### Next eNewsletter Deadline

August 25, 2019

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## Photographic Memories

We will be meeting on **Friday, August 16th** to scrapbook together and you are invited to join us. You are, also, welcome to join us if you just want to organize photos or get ideas from others. Please bring your own scissors and consumable supplies. Tools will be available to share. It is best to RSVP to Tammie Lindblom.



## Ladies Quilting & Fellowship



## 2018-2019 Elders



**Paul Smith, Elder Chair**



**Tim Knight**



**Bret Thorson**



**David Cowan**



**Bruce Ernst**

**Picture  
to  
come**

**Les Fader**



**Konrad Lindblom**



**Gregg Louvier**



**Dave Rogge**



**Tim Knight**  
Senior Pastor

[Tim@highlinechristian.org](mailto:Tim@highlinechristian.org)



**Bret Thorson**  
Discipleship Pastor

[Bret@highlinechristian.org](mailto:Bret@highlinechristian.org)



**Jack Fratangelo**  
Church Life Director

[Jack@highlinechristian.org](mailto:Jack@highlinechristian.org)



**Liesl Behm**  
Worship Director

[Liesl@highlinechristian.org](mailto:Liesl@highlinechristian.org)



**Kim Allen**  
Office Manager

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**Marsha Louvier**  
Custodian

[Office@highlinechristian.org](mailto:Office@highlinechristian.org)



**Gregg Louvier**  
Facilities Manager

**Picture  
to  
Come**

**Josh Ambrose**  
Youth & Young Adult Minister

[josh@highlinechristian.org](mailto:josh@highlinechristian.org)



**Charlene Crawford**  
Early Childhood Assistant

[Charlene@highlinechristian.org](mailto:Charlene@highlinechristian.org)



**Katie Taylor**  
Early Childhood Director

[Katie@highlinechristian.org](mailto:Katie@highlinechristian.org)



**Tyler Mosier**  
Children's Pastor

[Tyler@highlinechristian.org](mailto:Tyler@highlinechristian.org)

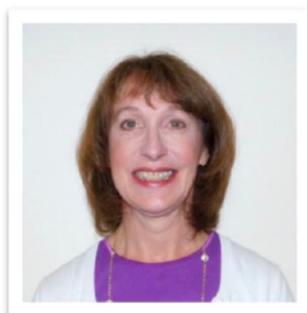


**Marques Smith**  
Youth Intern

[Marques@highlinechristian.org](mailto:Marques@highlinechristian.org)

**Holly Fader**  
Worship Associate

[Holly@highlinechristian.org](mailto:Holly@highlinechristian.org)



**Julie Kemp**  
Choir Accompanist

[Office@highlinechristian.org](mailto:Office@highlinechristian.org)

